

CL Places: Eremito Hotel, Umbria - CoutureLab



Less can be so much more when it comes to both aesthetic and experience – and this was precisely the strategy in mind with the creation of the Eremito Hotelito Del Alma, set in a converted 14th-century building in the middle of Umbria.

Opened in 2014, the Eremito Hotel (the name comes from *eremita*, meaning hermit) is surrounded by 3,000 hectares of protected nature in the very center of Italy. Thought to be the spiritual focal point of the country thanks to the beautiful monasteries in the area, Umbria is the perfect destination for those seeking a big old-fashioned reboot.

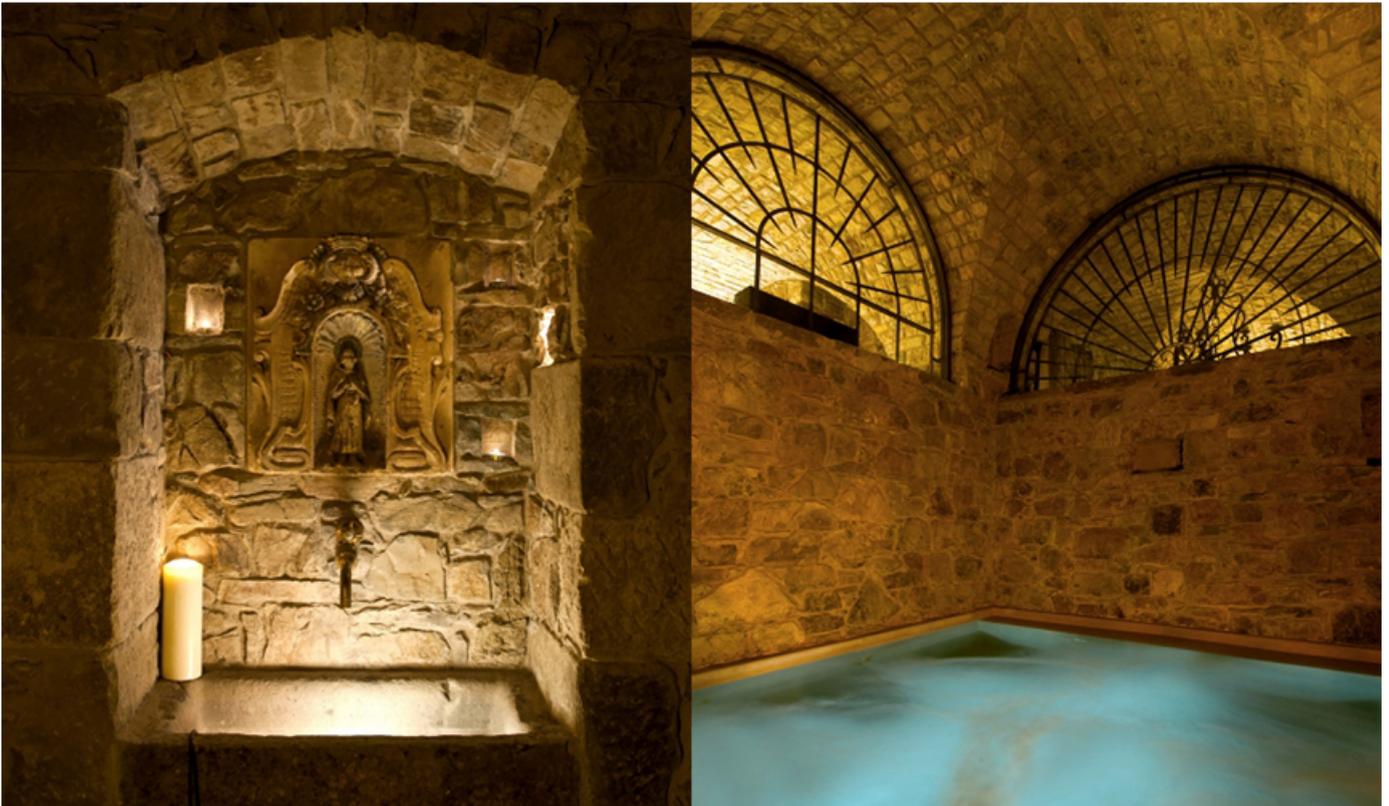


Keeping in line with the monastic mood of the hotel, the rooms are cell-like (albeit luxurious) spaces, enabling one to fully retreat into a space for reflection.

Interior and fashion designer Marcello Murzilli, whose portfolio includes the similarly pared-back Hotelito Desconocido in Tomatlán, Mexico, designed the concept and interior of the hotel. His signature aesthetic is aimed to promote “the rediscovery of the essence of things...” he told designhotels.com.



Natural materials, candlelight, and minimal, earthy furnishings create a serene atmosphere that exudes classic old luxury. There is also plenty of quiet, with no phone and of course, no television. The kitchen serves a vegetarian menu, also inspired by ancient monastic traditions, with ingredients sourced from local organic farms.



The spa area features a heated pool dug from the rock and a stone steam room. It's the perfect place to find your center while listening to Gregorian chants.

You'll have to Instagram all this later – there's no wifi – making it the perfect place for a digital detox.

The closest airport is Rome's FCO Fiumicino – Leonardo da Vinci. Rooms start from 199 Euros/222 USD for a solo traveller. Find out more on their [website](#).